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Introducing our first “Mini Baystater” for all you need to know about what is happening in AAUW MA!

- ♦ Have you registered for the AAUW MA State Meeting? You don’t want to miss this grand opportunity to enhance our strong branch by combining ideas, insight, and efforts.



- ♦ You can make an impact through AAUW by donating school supplies! An AAUW MA member needs your help.
- ♦ Take some time to enjoy an article about a North Shore Area Branch-member’s reflection during the Women’s March.
- ♦ Pictures are priceless— do you ever wonder what our AAUW members are up to! Take a look here.
- ♦ Women’s Health, do we talk about this enough? This article shares summer food choices that promote women’s health. Yum!

AAUW MA STATE MEETING



Saturday, May 6th 2017

10:00AM-1:00PM

Bedford Free Public Library

7 Mudge Way

Bedford, MA 01739

- ⇒ Members and the general public are welcome.
- ⇒ **Celebrate** the passage of the Equal Pay Law in MA. The Be The Change Award from the Massachusetts Women's Conference, which the Equal Pay Coalition won in December 2016, will be on display. As a steering committee member of the Equal Pay Coalition, AAUW MA had great impact on the successful passage of the bill into law. This is a chance for all members to enjoy the success for a few moments before we roll up our sleeves and start the next change.
- ⇒ Come and **vote** on the bills that AAUW will support this session in the **Massachusetts legislation**. Even recommend a bill that would promote equality for women and/or girls.
- ⇒ Get **actively involved** to make the changes you want to see in our state. The state meeting is a great opportunity to learn about and join committees on policy, communications, events, membership, and college and university partnerships.
- ⇒ **Learn** about the activities at local affiliates (formerly branches) within the state and the efforts on the national level. Vote for national board leadership. **BRING YOUR MEMBERSHIP ID AND PASSWORD** to vote.
- ⇒ *This event is free. Donations are welcome to cover the cost of breakfast.*
- ⇒ *More information can be found here:*
<https://www.eventbrite.com/e/aauw-ma-state-meeting-tickets-32990617826>



<https://www.facebook.com/aauw.massachusetts>



<https://twitter.com/aauwma>



School Supplies Drive

March 15, 2017 to May 30, 2017

Aasma Aziz, a branch member of the American Association of University Women (AAUW) north shore area MA, is working to provide 300 Pakistani elementary school students that are in need with brand new school supplies. The school located in Faisalabad, Pakistan is in jeopardy of being shut down because of a lack of resources.

#EveryPencilCounts

Needed School Supplies:

Pens/Pencils	Crayons
Colored Pencils	Markers
Pencil Sharpeners	Erasers
Zipper Pencil Cases	Glue Sticks
Notebooks/Pads	Rulers/Other Items

Supply Drop off Location:

10 Longview Terrace, Beverly, MA 01915

For more information contact:

Aasma Aziz Sahotra
(Coordinator of School Supplies Drive)
a_aziz1@salemstate.edu

For more details and online donations:
www.gofundme.com/pakistanichristian-students

Women's March Reflection

Liz Kensicki, North Shore Area Branch Member

Dear AAUW friends,

I was asked to share my thoughts on participating in the Women's March on January 21st. This day will forever be in my memory. I have never participated in such a large scale event carrying such an important message. The sense of unity that prevailed throughout the day, started first thing in the morning when we got together to help each other have a safe and efficient trip into Boston. The Orange line was busier than any usual weekday rush. Every stop showed the great sense of community and excitement that surrounded the March. Men, women and children from all walks and stages in life, packed into that train the entire way to the Commons. The moment we arrived at the AAUW meeting place near to the State House, the amount of people gathering was astonishing. There were a group of college girls standing on a bench holding up their signs, which proclaimed pride in their March participation and a respect of their feminist views. We waited and gathered with many other AAUW MA branch members and made our way closer to the main stage, which was set at the corner of Beacon and Charles, closest to the Public Garden.

The short walk across the common proved just how many people were ready to participate and hear the messages from Elizabeth Warren, Mayor Marty Walsh, Senator Edward Markey and Attorney General Maura Healey. Again, the representation from all different types of people was very prominent. There were many mothers and daughters, generations of women from the same family, professional associations, groups of college aged women, teenagers, small children, husbands and wives and groups of men. Everyone was proudly expressing their opinions and showing their support of the March by wearing shirts and carrying signs with messages important to them. There were even groups climbing the trees in the common to soak in a better view over the sea of participants. Even those not in the common felt the need to participate. We watched as a white sheet descended from the top floor of one of the Brownstones on Beacon. The sheet represented the best participation gesture that group could come up with as they felt the roar of the crowd on the Common on what would have otherwise been a quiet, chilly Saturday morning. With the buzz of every news outlet's helicopter and the audio being fit for the 25,000 people expected, not the assumed 100,000 plus that showed up, it was hard to hear the message from the speakers, but there was no doubt you could feel their words.

I am proud of our branch's effort to participate in the march. I hope that our group can continue to track with the post March activities that are being planned throughout 2017. We can continue to lift each other up and share our voices as a small measure in the bigger picture of positive impact and the change that we hope to see.

Pictures, Pictures, Pictures!



~~10~~ 11 Summer Foods You Need to Eat Right NOW

Keri Glassman, Women's Health

Be sure to take a moment to read the full article here to learn why these foods below are the best choices for summer!

<http://www.womenshealthmag.com/food/best-summer-foods>

1. Frozen Cherries
2. Gazpacho
3. Grilled Pineapple
4. Ceviche
5. Grilled Corn
6. Watermelon & Feta
7. Watermelon Rinds
8. Frozen Smoothie or Juice Pops
9. Homemade Iced Tea
10. Fruit & Veggie Kabobs
11. Homemade Fruit Salsa

