



NATIONAL CONFERENCE FOR COLLEGE WOMEN STUDENT LEADERS

TIANA DELANO & PAULINA ADAMS

DAY ONE, PART ONE: SETTLING IN!

- Plane Ride
 - Checking in with Dr. Kennedy
 - Cookie Mustaches!
- Checking in
 - Rooming mishaps
 - Unpacking
 - Dinner



DAY ONE, PART TWO: *STEP* DOCUMENTARY AND DISCUSSION



DAY TWO, PART ONE: WORKSHOPS, PANELS AND MORE!

We already were making friends!

We all attended different panels and workshops so that we could share notes!



MANAGING STRESS AND MAKING CONSCIOUS CHOICES

Presentation by Meghan L. Hargrave.



BEYOND DIVERSITY & INCLUSION: THE POWER OF BELONGING

- “Step forward if you...” exercise
 - Started with people around you who were “like you” - different social groups
 - Saw that many people have multiple identities, social groups
 - Important to see that there were others with similar experiences
- “Belonging is primal and fundamental to happiness and well being”
- #YouBelongHere

PANEL SESSION: #METOO ON CAMPUS: WHAT YOU NEED TO KNOW ABOUT YOUR IX

Highest time for sexual assault to occur → College.

Part of the healing process → Activism

A bridge needs to be built between Public Safety and College students.

9 things to know about know your nine

9 THINGS TO KNOW ABOUT TITLE IX

1

Title IX is a civil right that prohibits sex discrimination in education.

2

Title IX applies to all students regardless of gender identity.

3

All schools receiving federal funding, including public K-12 schools and the majority of colleges, are subject to Title IX.

4

Schools cannot discourage you from continuing your education.

5

Schools can issue no-contact directives to prevent accused students from approaching or interacting with you.

6

Schools must have an established procedure for handling complaints sexual of discrimination, harassment, and violence.

7

Schools should ensure that no student has to share campus spaces (such as dorms, classes, and workplaces) with their abuser.

8

Schools may not retaliate against someone filing a complaint and must keep complainants safe from other retaliatory harassment.

9

Schools must be proactive in ensuring that your campus is free from sex discrimination.

LEARN MORE AT
KNOWYOURIX.ORG

WHY LANGUAGE MATTERS IN MATTERS OF INCLUSION

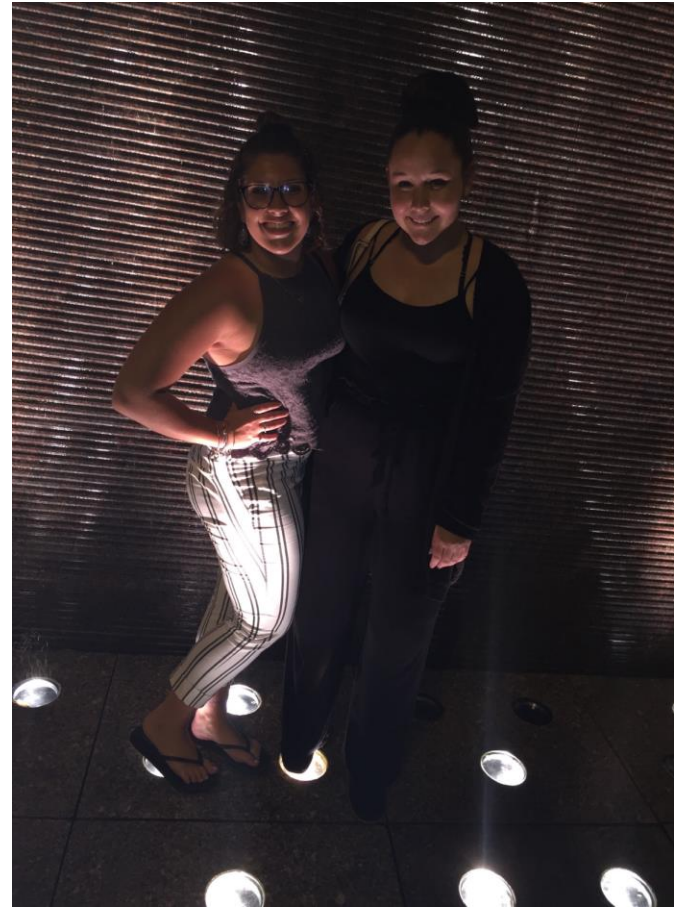
Tara Fuller, Assistant Director of Fraternity and Sorority Life

- Specifically spoke about how privilege and language are intertwined
- Impact over Intent
- Language is only the FIRST step - Following through with the language is the most important aspect
- Inclusion is a continuous conversation where the person who is least included should be the one most heard, and most sought after to be heard

TITLE IX, CONSENT AND HOW TO HELP A FRIEND

- Presentation by Sara Yzaguirre
- Statistically speaking, sexual violence happens in a friend group.
- As many as 25% of college women will be sexually assaulted (Richards, 2016).
- What to do is someone you know tells you they have been assaulted..
- What to avoid...

DAY TWO, PART TWO: NIGHT OUT IN D.C.!



DAY THREE, PART ONE: AMBASSADOR VLORA CITAKU

“Women are still considered exotic creatures”

“One and most important advice, don’t give up.”

“Never ever quit. You’re all good to do something bigger than yourself.”

“Do not put deadlines to miracles”



NO-NONSENSE COMMUNITY ENGAGEMENT STRATEGIES

Dawn McCoy, Senior Consultant, Flourish Leadership Group LLC

- How to prioritize engagement goals
 - What encourages people to engage?
 - What exterior tools can you use to enhance engagement?
- How to measure progress
 - Changes depending on different organizations
 - Attendance
 - Key Players
 - Level of individual involvement
- Come together in order to create change



WHEN YOU SHINE, I SHINE. WOMEN SUPPORTING WOMEN

Presentation by Becky Kenemoth.

Shine Theory by Ann Friedman: We shine together. Simple premise that “I don’t shine if you don’t shine.”

Confidence is contagious.



What is Shine Theory?

“When you meet a woman who is intimidatingly witty, stylish, beautiful, and professionally accomplished, *befriend* her. Surrounding yourself with the best people doesn’t make you look worse by comparison. It makes you better.”¹

— Ann Friedman

GRADUATE SCHOOL AND CAREER FAIR

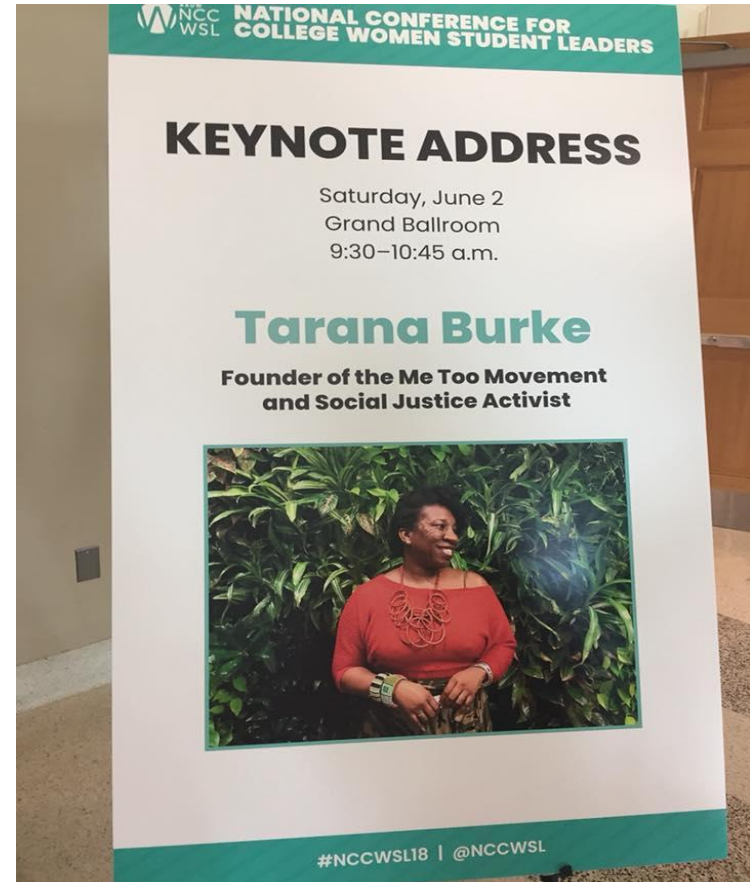


MEETING SECOND LIEUTENANT SIMONE ASKEW

“In August 2017, Cadet Simone Askew made history when she was appointed first captain of West Point’s Corps of Cadets...Askew is the fifth woman and fifth black person to hold the first captain position, but she’s the first black woman ever to do so.”



TARANA BURKE, FOUNDER OF THE #METOO MOVEMENT



WE MADE FRIENDS!

