

NCCWSL 2019



Sarah Simmons

Day 1

- * Arrived in Maryland and checked in at our residence hall!
- * Explored the UMD campus and got lunch
- * **Documentary and Discussion: RBG**
 - Discussion with Debra Perling (Director of Policy and Program, American Constitution Society) and Jill Morrison (Professor of Law, Georgetown University)



Day 2

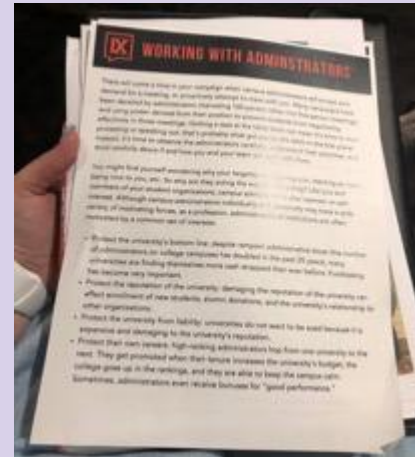
- * **Opening Session**

- * **Workshop 1**

- “The Revolution Will be Cut, Pasted and Photocopied: A Zine Workshop for Activists and Troublemakers”- Sarah
- “Rock Your Profile: Tips and Tricks for LinkedIn”- Coddell

- * **Panel 1**

- “Understanding Title IX: How to Support Survivors on Campus”- Sarah
- “The State of the World Have you feeling Burnt Out? Take Time for Self-Care”- Coddell



Washington DC



Day 3

* Workshop 2

- “Building Authentic and Powerful Relationships in a Diverse Society”- Sarah
- “Leadership from the Inside Out: Finding Balance in a Chaotic World”- Cotdell

* Panel 2

- “Grad School and Beyond”- Sarah
- “Nursing, Medicine, and Medical Research”- Cotdell

* Featured Speaker- Dr. Tererai Trent



Featured Speaker: Dr. Tererai Trent

- * Author of *The Awakened Woman*
- * Known as being Opera's "All-Time Favorite Guest"
- * Founder of Tererai Trent International- a nonprofit that works to ensure that all children have access to equal educational opportunities



Day 3 (cont.)

* Workshop 3

- “Creating and Sustaining Change: Bringing Humanity into Gender Equity Activism”- Sarah
- “The Revolutionary Power of Women’s Anger”- Cottrell

* Graduate School Fair

* Women of Distinction Ceremony



Women of Distinction



Sandra Kim- Founder of
Everyday Feminism



Ashley Nell Tipton- Season
14 Project Runway winner



Women of Distinction



Jane Marie Chen- Co-founder of Embrace Innovations (develops infant warmers for premature and low birth-weight babies.)



Lauren Simmons- the youngest and only full-time female broker—and the second Black woman ever to work the floor of the NY Stock Exchange.

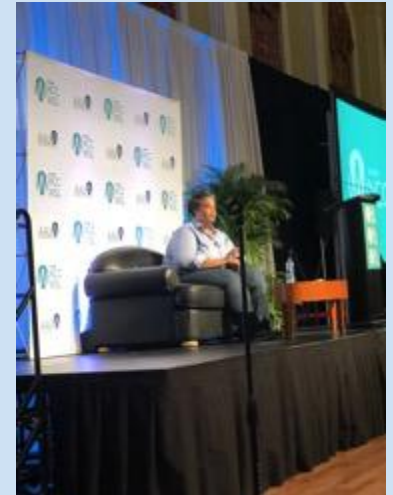
Day 4

* Keynote Address- Roxane Gay

- Author of *Bad Feminist*, *Hunger*, etc.
- Letter, Q&A, Book signing

* Met and spoke with Kimberly Churches- CEO of AAUW

* Returned to our residence hall to check out and departed for the airport!



Key Takeaways

- * “Most learning will happen at your growth edge”
- * “Think about change as a process”
- * Network!
- * Take time to focus on you!
Burnout is real.

